

PRODUCT NAME
Back Extension

PRODUCT CODE
OG.4



Strengthen your back and improve your posture

Our Back Extension exercise equipment is a safe and effective way to strengthen your lower, mid and upper back muscles. Regular back extension exercises will lead to better posture, helping to prevent back pain and injury.

Muscle groups: lower, mid and upper back muscles

SEGMENTS

Basic information

Brand Omnigym
Usage exercise, stretching, strengthening

Technical Specification

Dimensions 2.5m x 2.5m x 0m
Critical fall height (HIC in m) 0.00m
Color scale RAL Palette
Stand count
Surface
A) sprayed zinc base + komaxit 120µ B) hot dip galvanization + komaxit 120µ

Materials	Diameter	Width
Dips	51mm	4,5mm
Bars	33,7mm	3,5 - 4,5mm
Pillar (square plan)	100mm	4,0mm

Recommended flooring

Optimal dimensions 0m x 2m
Floor surface Concrete slab + EPDM or concrete feet + loose material
Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time 5 - 8 weeks
Standards EN16:630