

PRODUCT NAME

Diverging Lat Pull

PRODUCT CODE

MB 7.53



The equipment MB 7.53 "DIVERGING LAT PULL" is designed to develop latissimus dorsi muscles, teres major muscles, deltoid muscles, infraspinatus muscle, also while scapulas reduction – rhomboid muscles, trapezius muscle (its middle part) and forearm flexor.

Maximal Load on each side... 77,5 kg

The set includes the following weight... 14 x 10 kg; 6 x 2,5 kg

SEGMENTS

Basic information

Brand MB Barbell
Usage exercise, stretching, strengthening

Technical Specification

Dimensions 0cm x 3cm x 0cm
Critical fall height (HIC in m) 0.00m
Color scale RAL Palette
Stand count 1
Surface
A) sprayed zinc base + komaxit 120μ B) hot dip galvanization + komaxit 120μ

Materials	Diameter	Width
Dips	51mm	4,5mm
Bars	33,7mm	3,5 - 4,5mm
Pillar (square plan)	100mm	4,0mm

Recommended flooring

Optimal dimensions 2m x 3m
Floor surface Concrete slab + EPDM or concrete feet + loose material

Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time 5 - 8 weeks
Standards EN16:630