

STREET WORKOUT PARKS

PRODUCT NAME Converging Chest Press

PRODUCT CODE MB 7.52



The equipment MB 7.52 "Converging Chest Press in Standing position" is similar to standing bench press, except that it is characterized by a greater movements depth, which contributes to a better stretch of a large pectoral muscles. There are also involved triceps and front part of the deltoid muscles.

Maximal Load on each side... 77,5 kg The set includes the following weight... 14 x 10 kg; 6 x 2,5 kg

SEGMENTS

Basic information

Brand MB Barbell

Usage exercise, stretching, strengthening

Technical Specification

Dimensions --Critical fall height (HIC in m) 0.00m
Color scale RAL Palette

Stand count 1

Surface

A) sprayed zinc base + komaxit 120μ B) hot dip galvanization + komaxit 120μ

 Materials
 Diameter
 Width

 Dips
 51mm
 4,5mm

 Bars
 33,7mm
 3,5 - 4,5mm

 Pillar (square plan)
 100mm
 4,0mm

Recommended flooring

Optimal dimensions 2m x 3m

Floor surface Concrete slab + EPDM or concrete feet + loose material

Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time5 - 8 weeksStandardsEN16:630

