

PRODUCT NAME
Triceps

PRODUCT CODE
MB 7.42



The equipment MB 7.42 "Triceps in Standing position" is designed to develop shoulder triceps. Vertical hand position helps the long triceps parts reduction and to include it into the work.

Maximal Load on each side... 47,5 kg
The set includes the following weight... 8 x 10 kg; 6 x 2,5 kg

SEGMENTS

Basic information

Brand MB Barbell
Usage exercise, stretching, strengthening

Technical Specification

Dimensions ---
Critical fall height (HIC in m) 0.00m
Color scale RAL Palette
Stand count 1
Surface
A) sprayed zinc base + komaxit 120μ B) hot dip galvanization + komaxit 120μ

Materials	Diameter	Width
Dips	51mm	4,5mm
Bars	33,7mm	3,5 - 4,5mm
Pillar (square plan)	100mm	4,0mm

Recommended flooring

Optimal dimensions 2m x 3m
Floor surface Concrete slab + EPDM or concrete feet + loose material
Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time 5 - 8 weeks
Standards EN16:630