Freem **STREET WORKOUT PARKS**

PRODUCT NAME Deadlift

PRODUCT CODE MB 7.41



DESCRIPTION:

The equipment MB 7.41 "Deadlift" is designed to develop gluteral muscles, quadriceps femoris muscles, sacrum muscles, trapezius muscles, latissimus dorsi muscles, teres major muscle, posterior deltoids, infraspinatus muscles

Maximal Load on each side... 77,5 kg The set includes the following weight... 14 x 10 kg; 6 x 2,5 kg

SEGMENTS

Basic information

MB Barbell exercise, stretching, strengthening

Technical Specification

Dimensions Critical fall height (HIC in m) Color scale Stand count Surface

---0.00m **RAL** Palette

1 A) sprayed zinc base + komaxit 120µ B) hot dip galvanization + komaxit 120µ

Materials

Brand

Usage

Dips Bars Pillar (square plan)

Optimal dimensions

Floor surface

Diameter 51mm 33,7mm 100mm

Width 4.5mm 3,5 - 4,5mm 4.0mm

Recommended flooring

2m x 3m Concrete slab + EPDM or concrete feet + loose material

Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time Standards 5 - 8 weeks EN16:630

