

PRODUCT NAME

Lateral Pull (7.37)

PRODUCT CODE

MB 7.37



DESCRIPTION:

The equipment MB 7.37 "Lat Pull" is designed to develop latissimus dorsi muscles, teres major muscles, deltoid muscles, infraspinatus muscle, also while scapulas reduction - rhomboid muscles, trapezius muscle (its middle part) and forearm flexor.

Maximal Load on each side... 77,5 kg
The set includes the following weight... 14 x 10kg; 6 x 2,5 kg

SEGMENTS

Basic information

Brand MB Barbell
Usage exercise, stretching, strengthening

Technical Specification

Dimensions 2.5m x 2.5m x 0m
Critical fall height (HIC in m) 0.00m
Color scale RAL Palette
Stand count 1
Surface
A) sprayed zinc base + komaxit 120µ B) hot dip galvanization + komaxit 120µ

Materials	Diameter	Width
Dips	51mm	4,5mm
Bars	33,7mm	3,5 - 4,5mm
Pillar (square plan)	100mm	4,0mm

Recommended flooring

Optimal dimensions 2m x 3m
Floor surface Concrete slab + EPDM or concrete feet + loose material

Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time 5 - 8 weeks
Standards EN16:630