

PRODUCT NAME
Chest Press (7.30)

PRODUCT CODE
MB 7.30



The equipment MB 7.30 "Chest Press in Standing position" is similar to standing bench press, except that it is characterized by a greater movements depth , which contributes to a better stretch of a large pectoral muscles. There are also involved triceps and front part of the deltoid muscles.

Maximal Load on each side... 77,7 kg
The set includes the following weight...14 x 10 kg; 6 x 2,5 kg

SEGMENTS

Basic information

Brand MB Barbell
Usage exercise, stretching, strengthening

Technical Specification

Dimensions 2.5m x 2.5m x 0m
Critical fall height (HIC in m) 0.00m
Color scale RAL Palette
Stand count 1
Surface
A) sprayed zinc base + komaxit 120µ B) hot dip galvanization + komaxit 120µ

Materials	Diameter	Width
Dips	51mm	4,5mm
Bars	33,7mm	3,5 - 4,5mm
Pillar (square plan)	100mm	4,0mm

Recommended flooring

Optimal dimensions 2m x 3m
Floor surface Concrete slab + EPDM or concrete feet + loose material
Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time 5 - 8 weeks
Standards EN16:630