

PRODUCT NAME

Combined exerciser

PRODUCT CODE

MB 7.61



Outdoor trainer is designed to perform three main physical exercises with own body weight such as Pull-ups on horizontal bar, Triceps Dips and the Hanging Leg Raises. The fitness equipment can be used in any weather and climatic conditions and can be expeditiously placed on any surface. Additional preparation, construction and engineering work, assembly and dismantling is not needed while equipment deployment.

Exercises on this trainer allow you to train almost all muscle groups of the upper body, depending on the selected part of the article.

SEGMENTS

Basic information

Brand
Usage exercise, stretching, strengthening

Technical Specification

Dimensions 2cm x 0cm x 0cm
Critical fall height (HIC in m) 0.00m
Color scale RAL Palette
Stand count
Surface
 A) sprayed zinc base + komaxit 120µ B) hot dip galvanization + komaxit 120µ

Materials	Diameter	Width
Dips	51mm	4,5mm
Bars	33,7mm	3,5 - 4,5mm
Pillar (square plan)	100mm	4,0mm

Recommended flooring

Optimal dimensions ---
Floor surface Concrete slab + EPDM or concrete feet + loose material
 Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

Delivery and installation

Lead time 5 - 8 weeks
Standards EN16:630