

## PRODUCT NAME

### Biceps Curl WCH (7.39.3)

## PRODUCT CODE

### MB 7.39.3



The equipment is designed to develop biceps. The secondary load is distributed on brachioradialis and front part of deltoid muscles.

## SEGMENTS

### Basic information

<b>Brand</b>	MB Barbell
<b>Usage</b>	exercise, stretching, strengthening

### Technical Specification

<b>Dimensions</b>	2.5m x 2.5m x 0m
<b>Critical fall height (HIC in m)</b>	0.00m
<b>Color scale</b>	RAL Palette
<b>Stand count</b>	1
<b>Surface</b>	A) sprayed zinc base + komaxit 120µ B) hot dip galvanization + komaxit 120µ

<b>Materials</b>	<b>Diameter</b>	<b>Width</b>
<b>Dips</b>	51mm	4,5mm
<b>Bars</b>	33,7mm	3,5 - 4,5mm
<b>Pillar (square plan)</b>	100mm	4,0mm

### Recommended flooring

<b>Optimal dimensions</b>	2m x 3m
<b>Floor surface</b>	Concrete slab + EPDM or concrete feet + loose material

Company Enuma Elis s.r.o. always recommends installation in accord with the safety norm 16:630

### Delivery and installation

<b>Lead time</b>	5 - 8 weeks
<b>Standards</b>	EN16:630